

Humility

Patience

Contentment

Delight

Kindness

Honesty

Generosity

Right Speech

Respect

Forgiveness

Gratitude

Loyalty

Aspiration

Principles

Service

Courage



16

GUIDELINES FOR LIFE

TOOLS FOR EDUCATORS

with Craig Mackie
and Sharon Babineau

This workshop is specifically designed for those working with youth in schools, community settings and social service settings. Introducing the 16G through an experiential approach, participants will deepen their understanding of their work place and how to integrate the 16G into their practices. Participants will explore how to adapt and develop curriculum that can work with what you are already doing!

Saturday June 4th, 9am - 4pm

The Cossart Exchange
Lloyd D. Jackson Square
2 King St. W Suite 260B
Hamilton ON

WHO WOULD BENEFIT FROM THIS WORKSHOP?

Craig and Sharon have brought the 16G to schools, youth addictions centers, youth leadership programs, and adult learners in the UK, US and Canada from Saskatoon to the GTA and Hamilton.

The 16G are currently being used for personal and cultural change in hospitals, schools, social service agencies, drug rehab, hospices, universities, youth at risk programs, youth leadership programs, businesses, prisons as well as in families, communities and neighborhoods.

PARTICIPANTS WILL RECEIVE

- Tool kit consisting of a personal exercises and educational resources detailing the philosophy and origins of the *16 Guidelines*.
- Curriculum design and work book
- Access to on-line resources and Essential Education community
- On-going support from the facilitators for working with the 16G in your life and community as well as a path to become a 16G Facilitator

FEES AND REGISTRATION

\$60 (adult)

\$40 Student and youth (under 18, limited spaces)

Please inquire about rates for low income earners and in-kind trades.

Maximum participants:

20 (with wait list)

Also recommended for this course (for a package price of \$40):

- Working with Youth Manual "The 16 Guidelines at Pine River: Working with Youth in Groups" (\$20 value)
- 16 Guidelines for Life book (\$20 value)
- 16 Guidelines Exercise Cards (\$10 value)

Snacks and drinks provided. Please bring vegetarian potluck for lunch.

To register and for further enquiries email:
craig@essentialchange.net



www.16guidelines.org

This workshop is endorsed by Essential Education whose patron is His Holiness The Dalai Lama www.essential-education.org

This workshop has benefited from support through The Centre for Compassion & Wisdom, Southern Ontario. www.centreforcompassionandwisdom.com